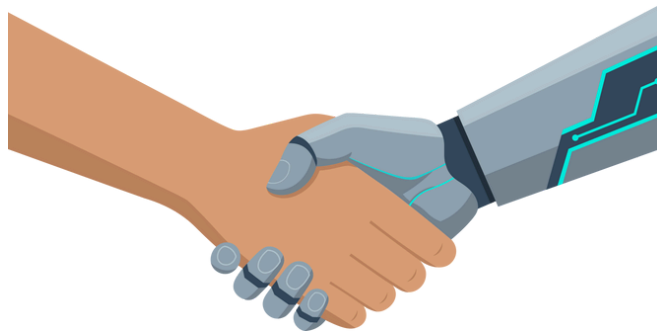




# Family AI Use Agreement

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As AI becomes part of everyday life—from a homework helper to creative project partner—it’s important that our kids learn to use it safely and wisely. Just like we set expectations for driving, screen time, or online safety, families now need clear expectations around AI.

The good news is: you don’t need to be an AI expert. What matters most is teaching kids to think—to pause, question, reflect, and use AI responsibly.

To start, walk your children through 10 simple principles that follow. These aren’t rules about what they can or can’t do with AI. They’re habits of mind—practical guidelines that help young people stay safe and develop strong digital judgment.

Then, use our template to turn these principles into a personalized Family AI Use Agreement—a short, clear document you can post on the fridge and discuss regularly.

# STEP 1: Discuss 10 Guiding Principles for Safe and Ethical AI Use

- 1 Use AI to Help You Think, Not to Think for You.** AI can assist with brainstorming and refining ideas, but it should never replace your own thinking. If you can't explain how you did your work, you probably didn't do the thinking yourself.
- 2 Understand What AI Can and Can't Do.** AI doesn't understand context — it predicts. It can be confidently wrong, miss current information, or ignore important details. Always verify its output.
- 3 Watch Out for Bias.** AI learns from human-generated data, which may contain biases or missing perspectives. If something feels one-sided or unfair, question it.
- 4 Protect Your Privacy (and Others').** Never share personal or sensitive information with AI tools. Also protect classmates' identities and stories — they are never yours to use.
- 5 Double-Check AI's Work.** AI can sound confident even when wrong. Ask:
  - Who created this information?
  - What evidence supports it?
  - Do reliable sources agree?
- 6 Use AI Creatively — With Permission.** If you're generating creative content like images or stories, check before using it for a school assignment. Remember: AI may draw from real human work.
- 7 Give Credit When You Use AI.** Be transparent. For example, say:
  - "Helped by ChatGPT to brainstorm ideas."
  - "Image generated using [AI tool]."

Integrity matters.
- 8 Don't Use AI to Cheat, Trick, or Harm.** Never use AI to plagiarize, spread misinformation, or embarrass someone else. Ethical use is essential.
- 9 Consider AI's Environmental Impact.** AI systems require significant electricity and water to function. Be mindful, use AI intentionally, and choose simpler tools when appropriate.
- 10 Ask for Help If You're Not Sure.** If you're unsure whether AI use is appropriate, ask a teacher. Saying: "I didn't know the rules," isn't responsible digital citizenship.

## STEP 2: Creating Your Family AI Use Agreement

To make this easy, following is a simple template you can start with. We've turned each principle into a short child-friendly promise.

For each one, add examples (i.e., "we use AI to brainstorm, but not to write a whole essay"); add boundaries (i.e., "we won't use AI for emotional support or ask it for personal advice"); or add family values (i.e., "we value honesty and integrity"). Keep in mind this is a shared understanding between you and your children.

Finally, sign the document and be sure to revisit it as your child grows (and AI changes!).



# Our Family's AI Use Agreement

**1. AI + Thinking:** "In our family, we use AI to help us think, but we do not let it think for us. We promise to explain our own ideas in our own words."

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**2. AI's Limits:** "We understand AI can be wrong. We promise to double-check it."

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**3. Bias:** "We know AI can be biased. If something feels unfair or one-sided, we will question it."

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**4. Privacy:** "We will not share personal information, family details, or other people's stories with AI tools."

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**5. Verification:** "We look for evidence and check reliable sources before trusting AI's answers."

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**6. Creative Use:** "We will check whether AI is allowed for schoolwork or creative projects."

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## Our Family's AI Use Agreement , continued...

**7. Credit:** "We will be honest about how we used AI when completing assignments or creating content."

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**8. Ethical Use:** "We will not use AI to cheat, trick, bully, or harm anyone."

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**9. Environment:** "We will be thoughtful about when we use AI and choose simpler tools when we can."

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**10. Asking for Help:** "If we're unsure whether AI use is appropriate, we will ask a parent or teacher."

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Agreed to by,

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Parent Signature

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Child Signature

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Date